

## Saturday April 30, 2022

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The University of Toronto is pleased to be hosting the Canadian Society for Pelvic Medicine 2022 Annual Meeting.

Our meeting is taking place in the Loft on the 8<sup>th</sup> floor of Simpson Tower in downtown Toronto with delicious catering provided by Oliver & Bonacini. There will be plenty of time to network and catch up with colleagues from across the country. If appropriate (and allowed!), we conclude the program with a Wine & Cheese Reception (cost is included with your registration fee).

We look forward to seeing everyone in April 2022!

7:50 Welcome & Opening Remarks  
Caroline Lachance

### 8:00 Abstract Presentations

#### Session One

9:00 **Bladder Pain Syndrome – What’s New?**  
Curtis Nickel

9:20 **Vulvovaginal Pain Disorder**  
Caroline Pukall

9:40 **CBD and Chronic Pain**  
Magali Robert

10:00 Q & A / Panel Discussion

10:15 AM Refreshment Break

#### Session Two

10:45 **Working with Patients Through a Trauma Informed Lens**  
Lisa Aldworth

11:10 **The Toronto Trans Medicine Program**  
Yonah Krakowsky

11:35 Q & A / Panel Discussion

11:50 Lunch

#### Session Three

12:50 **Harold Drutz Keynote Lecture**  
**Management of Recurrent UTIs in Women:**  
**Say Good-Bye to Antibiotic Overuse**  
Curtis Nickel

1:35 **Prediction Rule for Pelvic Floor Muscle Training Outcomes**  
Linda McLean

2:05 PM Break

#### Session Four

2:35 **Update in Mesh for SUI in Canada and Counselling for Patients**  
Marie-Eve Clermont

3:00 **Fascial Slings**  
Cathy Flood

3:20 Q & A / Panel Discussion

3:35 **Debate**  
**Mesh or No Mesh in the Management of Urinary Incontinence?**  
Erin Brennand & Geoff Cundiff  
vs.  
Jane Schulz & Darren Lazare

4:15 Closing Remarks  
May Sanee

4:15 – 6:00 **Wine & Cheese Reception and Abstract Awards**

## Abstract Program

Please refer to the CSPM website for further details

*Deadline: March 7, 2022*  
*Standard abstract format (no more than 350 words, excluding title): Introduction | Objectives | Methods | Results | Conclusion*

## Faculty

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#### Lisa Aldworth

Therapist, Private Practice (MSW, RSW)  
Kitchener, Ontario

#### Erin Brennand

Assistant Professor Dept of Obstetrics & Gynaecology,  
Division of Urogynaecology  
Faculty of Medicine, University of Calgary  
Calgary, Alberta

#### Marie Eve Clermont

Adjunct Professor, Université de Montréal  
Montréal, Québec

#### Geoff Cundiff

Professor, Dept of Obstetrics & Gynaecology,  
Faculty of Medicine University of British Columbia  
Vancouver, British Columbia

#### Cathy Flood

Professor, Dept of Obstetrics & Gynaecology, Division  
of Urogynaecology  
Faculty of Medicine & Dentistry, University of Alberta,  
Edmonton, Alberta

#### Yonah Krakowsky

Lecturer, Dept. of Surgery, Division of Urology  
University of Toronto  
Mount Sinai Hospital & Women’s College Hospital  
Toronto, Ontario

#### Darren Lazare

Clinical Associate Professor – University of British  
Columbia  
Female Pelvic Medicine and Reconstructive Surgery  
Program Medical Director & Regional Department  
Head, Obstetrics & Gynecology, Fraser Health  
Vancouver, British Columbia

#### Linda McLean

Professor, Dept. of Rehabilitation Sciences  
(Physiotherapy)  
Chair in Women’s Health Research  
University of Ottawa  
Ottawa, Ontario

#### Curtis Nickel

Professor, Dept. of Urology, Queen’s University  
CIHR - Tier 1 Canada Research Chair in Urologic Pain  
and Inflammation  
Kingston, Ontario

#### Caroline Pukall

Professor, Department of Psychology,  
Queen’s University  
Kingston, Ontario

#### Magali Robert

Professor, Department of Obstetrics & Gynaecology,  
University of Calgary Cummings School of Medicine  
Medical Director, Calgary Chronic Pain Center  
Calgary, Alberta

#### Jane Schulz

Professor, Dept of Obstetrics & Gynaecology, Division  
of Urogynaecology  
Faculty of Medicine & Dentistry, University of Alberta,  
Edmonton, Alberta

## Organizing Committee

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Caroline LaChance – Chair  
May Alarab  
Nelly Faghani  
Shuaha Kim-Fine  
Linda McLean  
Colleen McDermott  
Maria Wu